

Effects of training on anxiety in mothers of hospitalized children with urinary tract infection

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★Abstract

The aim of this study was to determine the effects of training on anxiety in mothers of hospitalized children with urinary tract infection. The study was conducted in 40 mothers of hospitalized children in the Qazvin children hospital, during 2012-13. The subjects were selected by random sampling method and were divided into intervention and control groups. Data were collected through the Spielberger Anxiety Inventory on admission and two days before discharge. This questionnaire measures State anxiety and Trait anxiety subscales. Data were analyzed using paired T-test and independent sample T-test. Training had a significant effect on State anxiety in mothers of hospitalized children with urinary tract infection but did not affect Trait anxiety.

Keywords: Education, Anxiety, Hospitalized Child, Urinary Tract Infections

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